

Sunday of the Myrrh-bearing Women
Pious Joseph of Arimathea and Righteous Nicodemus
May 19, 2024

Hieromartyr Patrick, bishop of Prussa and his companions the priest-martyrs Acacius, Menander and Polyaeus

1st Antiphon

Shout with joy to God, all the earth; sing to His Name, give glory to His praises.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Say to God: How awesome are Thy works; let all the earth worship Thee, and sing to Thee. Let it sing a song to Thy Name, O Most High. (*Refrain*)

Glory... Both now... (*Refrain*)

2nd Antiphon

May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy upon us.

Refrain: Save us, O Son of God, Who art risen from the dead, who sing unto Thee. Alleluia.

That Thy way may be known upon earth, Thy salvation among all nations; let the peoples give thanks to Thee, O God, let all the peoples give thanks to Thee. (*Refrain*)

May God bless us, and may all the ends of the earth fear Him. (*Refrain*)

Glory... Both now... Only begotten Son and Word of God...

3rd Antiphon (Tone 5)

Let God arise, and let His enemies be scattered, and let them that hate Him flee from before His face.

Refrain: Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

As smoke vanisheth, so let them vanish; as wax melteth before the fire. (*Refrain*)

So let sinners perish at the presence of God, and let the righteous be glad. (*Refrain*)

This is the day which the Lord hath made; let us rejoice and be glad therein. (*Refrain*)

The Entrance Hymn

In the gathering places bless ye God the Lord from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing unto Thee: Alleluia (3x).

Resurrection Troparion (Tone 2)

When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the

dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

Troparion for Joseph of Arimathea (Tone 2)

The noble Joseph, when he had taken down thy most pure body from the tree, wrapped it in fine linen and anointed it with spices and placed it in a new tomb. but thou didst verily rise after three days, O Lord, granting the world the Great Mercy.

Troparion for the Ointment Bearing Women (Tone 2)

Verily, the angel came to the myrrh-bearing women at the tomb and said: "Myrrh is fitting for the dead, but Christ hath shown himself a stranger to corruption, so cry ye, 'The Lord is risen, granting the world the Great Mercy.'"

Troparion for St. Raphael (Tone 3)

Rejoice, O Father Raphael, Adornment of the holy Church! Thou art Champion of the True Faith, Seeker of the lost, Consolation of the oppressed, Father to orphans and Friend of the poor, Peacemaker and good Shepherd, Joy of all the Orthodox, Son of Antioch, Boast of America. Intercede with Christ God for us and for all who honor thee.

Kontakion of Pascha (Tone 8)

O Christ our God, though thou didst descend into the grave, yet didst thou overthrow the pow'r of Hades and rise as an Immortal Conqueror. Thou didst greet the myrrh-bearing women with joy, and to thine apostles thou didst send thy peace, and to the fallen, O Lord, didst bring resurrection.

The Prokeimenon

The Lord is my strength and my song. With chastisement has the Lord chastened me.

The Epistle

Acts 6:1-7

In those days, when the number of the disciples was multiplying, the Hellenists murmured against the Hebrews because their widows were neglected in the daily ministry. And the twelve summoned the multitude of the disciples and said: "It is not right that we should forsake the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good report, full of the Spirit and of wisdom, whom we may appoint to this duty. And we will devote ourselves to prayer and to the ministry of the word." And the saying pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Próchoros, and Nikánor, and Tímon, and Parmenás, and Nikólaos a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied in Jerusalem exceedingly, and a great company of the priests were obedient to the faith.

Holy Gospel

Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning

the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid.

And when the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Holy Bread: Kh Meleah Palke/Carol Ofiesh

Commemorations(Living): Fr Michael, Pr Vicki, John, Corgie, Karen, Maher, Fabiola, Christopher, Steven, Jonathan, Jaime, Justin, George, Joan, Fr Tom, Kh Meleah, Stephen, Carol, Michael, Joel, Lisa, Danny, Asa, Cody, Max, Levi, Courtney, Nina, Kenneth, Alex, Christina, Beth, Janni, Dominick, Yina, Lauren, Rashid, Hala, Irina, Alex, Lauren, Aaron, Adam, Atticus, Fr. Vladimir Paul, all Orthodox missionaries, the suffering believers everywhere.

Departed: James, Laura

Mark your calendars, and plan to join us for the 2024 Parish Life Conference, June 27-30, 2024, at the Antiochian Village in Bolivar, Pennsylvania. All are welcome! nyplc@antiochianevents.com.

Know your faith. Who was the first apostle to arrive at the empty tomb? John. When he looked inside the empty tomb, what did he see? The linen cloths, neatly folded. Who arrived next and entered the tomb? Peter. Who had told these two men that she had discovered that the stone had been rolled away from the tomb? Mary Magdalene. She returned to the tomb and when she looked in, what did she see? Two angels. When she turned around, she saw a man whom she thought was the gardener. How did she finally realize that he was Jesus? He called her by name. On Sunday evening of the resurrection, how many disciples were together in a room? 10. How many the following Sunday evening? 11 (Thomas was present). Why did Jesus breathe on the apostles? To give them the Holy Spirit and the power to forgive and remit sins.

Our parish raised \$750 for the Seminarians and \$750 for Food for the Hungry!



St. Raphael of Brooklyn Orthodox Church Antiochian Orthodox Christian Archdiocese

Metropolitan Saba, Primate
Bishop Thomas, Diocese of the Mid-Atlantic

Divine Liturgy 10:30 AM

Meeting at Compton Village
14401 Compton Village Dr.
Centreville, Virginia 20121

Fr. Thomas L. Palke, Pastor
Mail: 3041 Donnington Court
Jeffersonton, VA 22724
(703)303-3047/(540)937-2609
email: pastortlp@aol.com
website: www.straphaelva.org